Legend:
- DMC-327 violet - vy dk
- DMC-891 carnation - dk
- DMC-3812 sea green - vy dk

Backstitches:
- DMC-327 violet - vy dk
- DMC-891 carnation - dk
- DMC-3812 sea green - vy dk

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Heart - Southwest

Legend:

- [3] DMC-327 ANC-112 violet - vy dk
- [3] DMC-3812 ANC-112 sea green - vy dk
- [3] DMC-891 ANC-35 carnation - dk

Backstitch Lines:

- DMC-327 violet - vy dk
- DMC-891 carnation - dk
- DMC-3812 sea green - vy dk

In the Photograph:
I embroidered "Heart - Southwest" on 18-count Aida stitched over two threads. I used DMC floss: 3 strands for cross stitches, 2 strands for backstitches.

Stitch Complexity:
Full cross stitches, backstitches.

How to Cross Stitch this Design:
If you already know how to cross stitch, the Quick Start checklist below will get you on your way. Just learning? Simply return to "Home" and click on the "Getting Started" button on the left. There, you will find links to detailed instructions and diagrams.

Quick Start

Step 1 - Review this Chart
Eliminate surprises by reading these instructions and reviewing the chart thoroughly before you begin stitching. Identify and learn any unfamiliar stitches listed in “Stitch Complexity” above.

Step 2 - Select and Prepare Your Fabric
To stitch the design exactly as it is shown in the photograph, simply use the materials as described. If you have a favorite fabric type and thread count, or if you have a specific size in mind for the finished piece, translate inches to thread count to determine your initial fabric size. Next, decide how you’ll display the finished design and add enough inches to the length and width before cutting it. Be generous.

Treat the outside edges of your fabric to prevent fraying. Find and mark the center. Baste in gridlines to match the gridlines on the pattern (basting the gridlines is optional on these small heart patterns).

Step 3 - Select and Prepare Your Floss
Use the colors listed above or substitute ones of your own. If using fabric with a different thread count, you may need to adjust the number of strands of floss you’ll use. Still uncertain? Work a few sample stitches in the corner of your fabric.

If you are stitching this design on something that will be worn or washed, it may be necessary to launder the floss before stitching.

As you use each color, cut the floss into strips of 15” to 18”. For fuller and thicker stitches, separate all six strands and then recombine them into the number of strands you will ultimately use.

Step 4 - Stitch the Design
Each square containing a symbol represents one cross stitch; the legend indicates which color to use. Squares containing more than one symbol are stitched with a combination of a 1/4 cross stitch and a 3/4 cross stitch. Likewise, squares with only a single, smaller symbol tucked into one corner represents either a 1/4 cross stitch or a 3/4 cross stitch alone. If there is a French knot on top of a cross stitch, the symbol representing it may obscure the symbol for the underlying cross stitch. Use common sense and refer to the photograph for clarification. This particular chart uses only full cross stitches and backstitches.

From the center of your fabric, count down to the bottom-most point of the heart and place your first stitch there. Finish this green graphic, then move up and cross stitch the one directly above it, followed by those on either side. Next, change floss and cross stitch the bottom two coral (DMC calls this color, #891, carnation) ones. Finish the partial graphics in the uppermost area of the heart, then complete all with the purple cross stitches in the centers.

If you are working over two threads, on fabric such as linen, the placement of the first stitch is critical. To prevent puckering and provide stability, the first diagonal of the first cross stitch must start and end where a vertical fabric thread crosses over a horizontal thread.

Backstitch the green and coral graphics. Finally, backstitch the purple centers and the outside edges to define the large heart.
"Heart - Southwest" by Katherine Martin Tripp

Legend:

- DMC-327
- DMC-891
- DMC-3812

Backstitches:

- DMC-327
- DMC-891
- DMC-3812