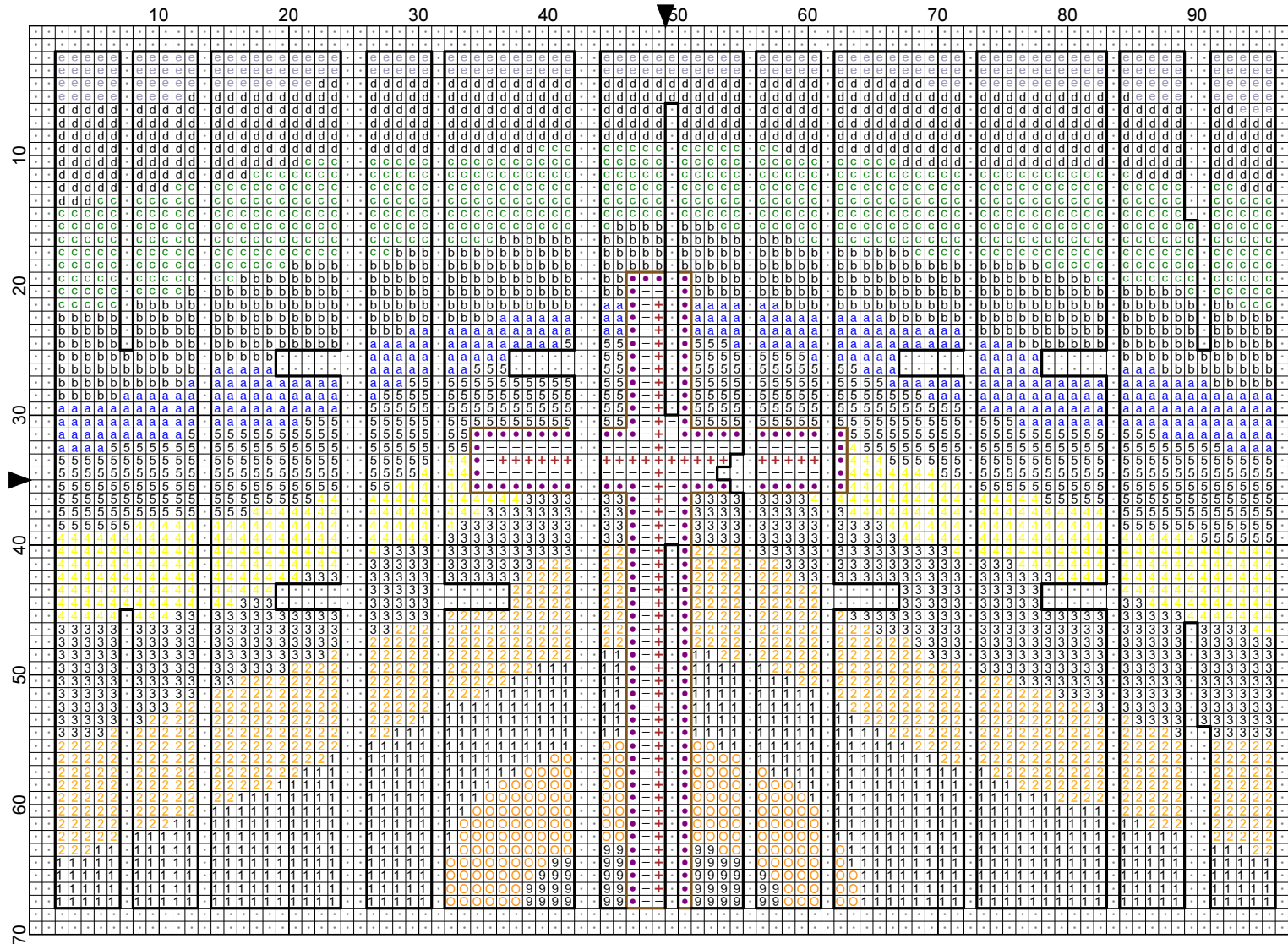


"He Is Risen" by Katherine Martin Tripp



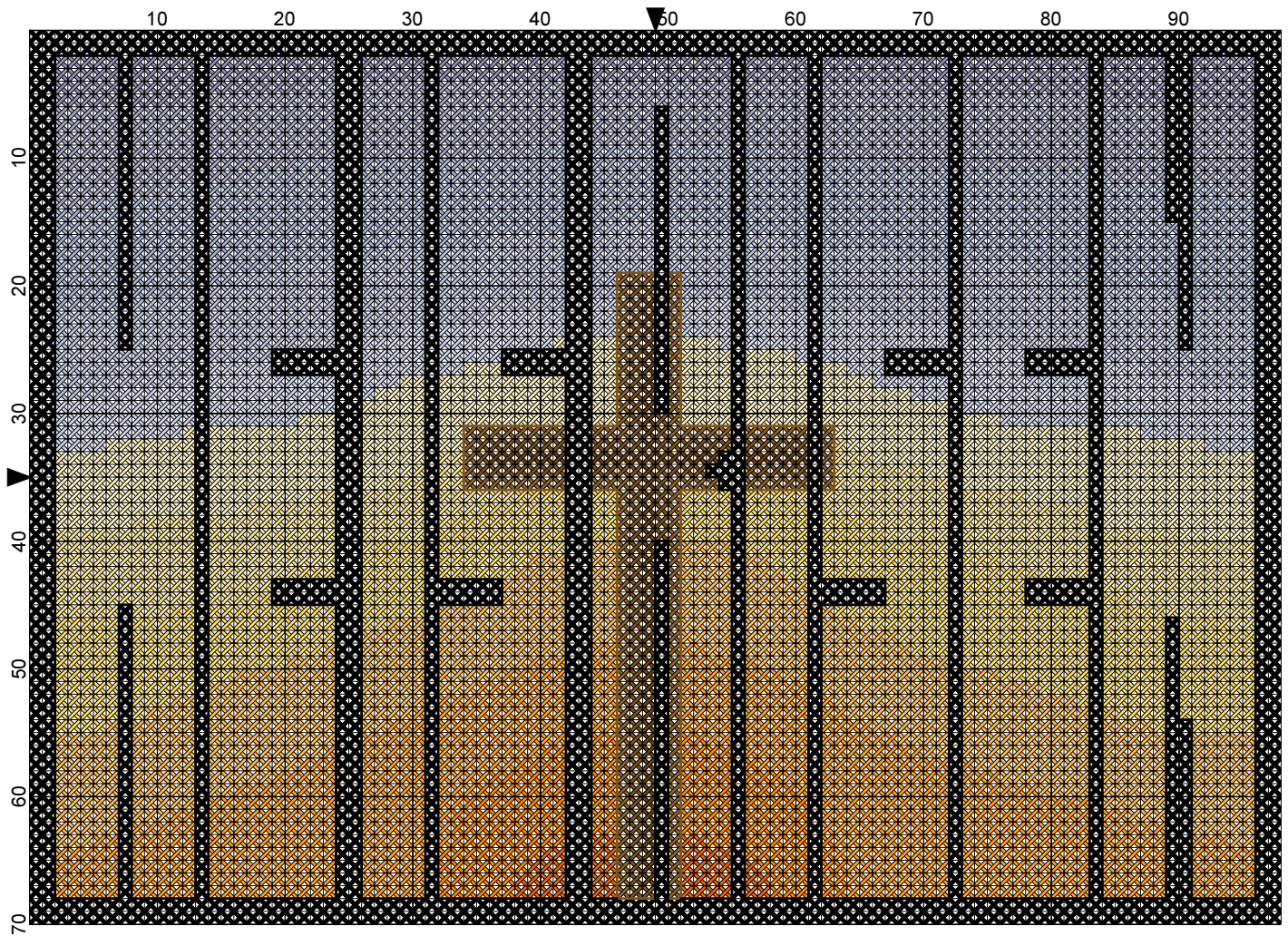
Legend:

- | | | | | | | | |
|---------|---------|---------|---------|---------|----------|---------|---------|
| DMC-740 | DMC-742 | DMC-744 | DMC-947 | DMC-434 | DMC-3747 | DMC-340 | DMC-155 |
| DMC-741 | DMC-743 | DMC-745 | DMC-433 | DMC-801 | DMC-341 | DMC-156 | DMC-310 |

Backstitches:

- | | |
|---------|---------|
| DMC-433 | DMC-310 |
|---------|---------|


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Legend:

- | | | | | | | | |
|---|---|---|---|---|---|---|---|
|  DMC-740 |  DMC-742 |  DMC-744 |  DMC-947 |  DMC-434 |  DMC-3747 |  DMC-340 |  DMC-155 |
|  DMC-741 |  DMC-743 |  DMC-745 |  DMC-433 |  DMC-801 |  DMC-341 |  DMC-156 |  DMC-310 |

Backstitches:

















- | | |
|---|---|
|  DMC-433 |  DMC-310 |
|---|---|

He Is Risen





Author: Katherine Martin Tripp
Company: Extra Mile Mercantile
Copyright: Katherine Martin Tripp
Website: www.better-cross-stitch-patterns.com
Fabric: Aida or Evenweave
Grid Size: 98W x 70H
Design Area: 7.00" x 5.00" (98 x 70 stitches)

Legend:

 [2] DMC 740 tangerine	 [2] DMC 947 burnt orange	 [2] DMC 340 blue violet - md
 [2] DMC 741 tangerine - md	 [2] DMC 433 brown - md	 [2] DMC 156 md lt blue violet
 [2] DMC 742 tangerine - lt	 [2] DMC 434 brown - lt	 [2] DMC 155 md dk blue violet
 [2] DMC 743 yellow - md	 [2] DMC 801 coffee brown - dk	 [2] DMC 310 black
 [2] DMC 744 yellow - pl	 [2] DMC 3747 blue violet - vy lt	
 [2] DMC 745 yellow - lt pl	 [2] DMC 341 blue violet - lt	

Backstitch Lines:

 DMC-433 brown - md  DMC-310 black

In the Photograph:

I embroidered "He Is Risen" on 14-count Aida. I used DMC floss: 2 strands for cross stitches, 1 strand for backstitches. This design is an obvious choice for Easter, but perfect for every day. It is stitched 5" x 7" (using 14-count), with full coverage from top-to-bottom and side-to-side.

This a good project for beginning and/or young stitchers, as it uses only full cross stitches and backstitches. In addition, it has larger, contiguous blocks of a single color versus many intricate color changes.

Slip it under glass, behind a precut mat with a 5"x7" opening. Fringe the edges and mount it on top of your matboard, then protect it with glass in a frame. Apply the design to a greeting card. Shout the Good News to others--check out our attire displaying this design at www.cafepress.com/XtraMileMerc.

What You'll Need:

- Fabric
- Floss

Stitch Complexity:

- Full cross stitches
- Backstitches

How to Cross Stitch this Design:

If you already know how to cross stitch, the Quick Start checklist below will get you on your way. Just learning? Simply return to "Home" and click on the "Getting Started" button on the left. There, you will find links to detailed instructions and diagrams.

This design can be stitched either with or without the surrounding black. If you prefer it with black surrounding the letters, use black floss for these cross stitches. Don't be tempted to stitch on black fabric. While you can achieve better coverage by using more strands for your cross stitches, the underlying black fabric will still dull these vivid colors. To see an example of this, select the "How to . . ." button on the left menu. At the bottom of the page, choose the "Floss Coverage and Why It Matters" link.

Quick Start

Step 1 - Review this Chart

Eliminate surprises by reading these instructions and reviewing the chart thoroughly before you begin stitching. Identify and learn any unfamiliar stitches listed in "Stitch Complexity" above.

Step 2 - Select and Prepare Your Fabric

To stitch the design exactly as it is shown in the photograph, simply use the materials as described. If you have a favorite fabric type and thread count, or if you have a specific size in mind for the finished piece, translate inches to thread count to determine your initial fabric size. If you need help, click on the "Stitch Counts" button on the left menu. Decide how you'll display the finished design and add enough inches to the length and width before cutting it. Be generous.

Treat the outside edges of your fabric to prevent fraying. Find and mark the center. Because the color changes in this pattern are predictable and easy to follow, it is not necessary to baste in gridlines to match the gridlines on the pattern.

Step 3 - Select and Prepare Your Floss

Use the colors listed above or substitute ones of your own. If using fabric with a different thread count, you may need to adjust the number of strands of floss you'll use. For help with this, again click on the "How to..." button on the left menu and select the "Floss Coverage and Why it Matters" link at the bottom of the page. Still uncertain? Work a few sample stitches in the corner of your fabric.

If you are stitching this design on something that will be worn or washed, it may be necessary to launder the floss before stitching.

As you use each color, cut the floss into strips of 15" to 18". For fuller and thicker stitches, separate all six strands and then recombine them into the number of strands you will ultimately use.

Step 4 - Stitch the Design

Each square containing a symbol represents one cross stitch; the legend indicates which color to use. There are only full cross stitches and backstitches used in this design.

This pattern can be completed easily by stitching in the following order:

- First, cross stitch the cross. If you are working over two threads, on fabric such as linen, the placement of the first stitch is critical. Select the "How to . . ." button on the left and follow the instructions described in the "Working Over Two Threads" link at the bottom.
- Cross stitch the sun on both sides of the cross. (NOTE: There is one column of black stitches between each letter and two columns between each word of the design. The stitched example in the photograph shows only one.)
- Working from bottom to top, cross stitch each band of color, from bright orange to pale blue, on the left side of the cross.
- To protect your fabric and stitches, roll your cloth inward on the left and pin. You can then comfortably nest the fabric in your hand as you continue stitching.
- Cross stitch the same bands of color on the right side of the cross.
- Unroll your fabric and complete the remaining blue to lavender bands across the entire top of the piece.
- Cross stitch the black in between and surrounding the letters.
- Backstitch the cross in brown.
- Backstitch the black.

If you decide not to include the black stitches, finish off the letters by backstitching them with white floss.

If you would like to make fringe on the edges, follow the instructions described in the "Make Fringe" button on the left menu.